

[TOP DOCTORS]

Meet 10 of Miami's most extraordinary medical minds, each highly qualified and sought-after in their specialties. They are not simply the most elite doctors in South Florida — they are the cream of the crop. See what makes their practices stand out among Miami's crowded healthcare field, and what you can learn from their decades of expert knowledge.

Dr. Stephan Baker
PLASTIC SURGERY

Dr. Alysa Herman
DERMATOLOGIC SURGERY

Dr. Stephen Grussmark
ORTHODONTICS

Dr. Juan Remos
ANTI-AGING AND WELLNESS

Dr. Peter Weissman
ENDOCRINOLOGY

Dr. Armando Hernandez-Rey
**REPRODUCTIVE ENDOCRINOLOGY
AND INFERTILITY**

Dr. Janelle Vega
COSMETIC DERMATOLOGY

Dr. Bernard Nusbaum
and Dr. Paul Rose
HAIR RESTORATION

Dr. Jose Rodríguez-Feliz
AESTHETIC PLASTIC SURGERY

Dr. Tomas Frankel
**PROSTHETIC AND COSMETIC
DENTISTRY**

[TOP DOCTORS]

The former U.S. Air Force captain has six U.S. patents in orthodontic and oral healthcare.



[ORTHODONTICS]

Dr. Stephen Grussmark

A premier orthodontist, Dr. Stephen Grussmark has treated more than 20,000 patients in the Miami area. With offices in Dadeland, Merrick Park and Brickell, Dr. Grussmark is in the top 1 percent of Invisalign providers in the world.

WHAT PROCEDURES DO YOU FOCUS ON?

“In our practice, all of our procedures involve braces or Invisalign. Our three state-of-the-art offices are equipped with digital X-rays as well as digital oral scanners — no more messy, uncomfortable dental impressions. Since all we do is orthodontic treatment, we are able to focus exclusively on the task of optimizing the functional and aesthetic goals of all of our patients.”

ARE MORE PATIENTS TRYING INVISALIGN?

“At this time, approximately 50 percent of my practice is traditional braces, and 50 percent is Invisalign. However, approximately 97 percent of my adult patients are being treated with Invisalign. The trend in my practice is a dramatic growth of Invisalign treatment for both adults and teenagers.”

IS INVISALIGN ONLY FOR SIMPLE CASES?

“When we first began working with Invisalign, 14 years ago, we were just treating very simple cases. Today, however, with all of the research and development and technological advancements, under the treatment of a highly experienced orthodontist, it is possible to treat very extensive and severe oral conditions with Invisalign. Even though every day I hear, ‘I was told I cannot be treated with Invisalign,’ in our office, almost every case can be treated with this wonderful technology. My most difficult cases are often best treated with Invisalign.”

HOW DOES INVISALIGN'S SUCCESS COMPARE TO USING BRACES?

“Since Invisalign is computerized tooth movement, the aligners move just the teeth that we want to move. With traditional braces, the wire may introduce unwanted movements that require additional adjustments. The results achieved with Invisalign treatment are as successful and stable as with braces.”

WHICH ONE TAKES LONGER — AND WHICH COSTS MORE?

“Contrary to popular thought, treatment with Invisalign is often faster than treatment with braces. When we first started using Invisalign, it was approximately one-third more expensive than braces. Today, the average cost of Invisalign is comparable to the cost of braces — and, in many cases, even lower.”

Dr. Stephen Grussmark, Centre for Invisible Orthodontics, 4425 Ponce de Leon Boulevard, Coral Gables, 305-441-1200; Grussmark Orthodontics, 8950 Southwest 74th Court, Suite 1214, Dadeland, 305-670-0263; S. Grussmark DDS MSD, 1250 South Miami Avenue, Brickell; 305-579-9822; centreforinvisiblebraces.com.